




Hadley Park Regional Community Center

1037 28th Avenue North, Nashville, TN 37208 - (615) 862-8451

Gymnasium Aquatics Fitness After School Programming (\$) Paid Classes	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm
Winter 2015 (schedule is tentative & may change based on need) <u>Facility Coordinator</u> Barbara Manuel <u>Program Coordinator</u> Angela Booker <u>Recreation Leaders &</u> <u>Lifeguards (*)</u> Sabrina Williams* Charles Pruitt Dereck Smith* Jackie McKie Michael Thomas Myron Goggins Ronald Taylor Nancy Harrison* Toure Henderson* <u>Front Desk Leader</u> Frank Deas <u>Facility Attendants</u> Victoria Richardson Robert Burton <u>Class Instructors</u> Hadley Staff Sandy Cunningham Marc Peek Ken Turner Chaturah Smith Adrienne Golden Stephanie Jones-DuBose	6:30-9:15am Lap Swim & Water Walk 9:30-10:30am Water Exercise 11:00am-12:00pm Open & Lap Swim 12:00-1:00pm Strength/Conditioning w/Ken (\$)	6:30-7:30am Water Boot Camp w/Ken (\$)	6:30-9:15am Lap Swim & Water Walk 9:30-10:30am Water Exercise 11:00am-12:00pm Open & Lap Swim 12:00-2:00pm Open Gym (Shoot Around ONLY)	10:00-11:00am Line Dance w/Pat 11:00am-2:00pm Open & Lap Swim 12:00-2:00pm Open Gym (Full Court) 2:30-6:00pm Hadley's After School Recreation 6:30-7:30pm Aqua Abs & Arms w/Chaturah (\$)	8:30-9:15am Lap Swim & Water Walk 9:30-10:30am Water Exercise 11:00am-12:00pm Open & Lap Swim 12:00-2:00pm Open Gym (Shoot Around ONLY) 2:30-6:00pm Hadley's After School Recreation	8:00am-12:00pm Special Programming (See Calendar) 9:30-10:30am Water Exercise w/Ken (\$)
	12:00-2:00pm Open Gym (Shoot Around ONLY)	12:00-1:00pm Strength/Conditioning w/Ken (\$)	2:30-6:00pm Hadley's After School Recreation	5:15-6:00pm Fit & Fabulous H2O (\$)		10:30-11:30am Zumba w/Sandy (\$)
	2:30-6:00pm Hadley's After School Recreation	2:30-6:00pm Hadley's After School Recreation	6:00-7:00pm Zumba w/Adrienne (\$)	7:00-8:00pm Capoeira w/Mark (\$)		10:30-11:30am Family Swim
	5:15-6:00pm Step & Sculpt w/Stephanie (\$)	6:00-7:00pm Zumba w/Adrienne (\$)	6:00-7:00pm Zumba w/Sandy (\$)			
	6:00-7:00pm Line Dance w/Sharon	6:30-7:30pm Aqua Abs & Arms (\$)	6:00-7:00pm Line Dance w/Sharon			
	6:30-7:30pm H2O Explosion (\$)	7:00-8:00pm Capoeira w/Mark (\$)	6:00-7:00pm Line Dance w/Sharon			
	6:30-7:30pm Chicago Step				  @ "Hadley Park Community Center"	<u>Membership Fees</u> Daily Pass Adult \$ 3.00 Youth & Senior \$ 1.50 10 Visit Pass Adult \$20.00 Youth & Senior \$10.00 Monthly Pass Adult \$30.00 Youth & Senior \$20.00 10 Pass Fit Card \$30.00